

## Melksham Seniors Update - 13 February 2019

Our social events are proving a great success, our first Monday of the month is already trebled in numbers, this is down at the Forest Community Centre in the afternoon 1.30pm until 4pm, we have asked all the seniors what they would like to do, some come to chat over a coffee or tea with cake and biscuits, others like to play games, like Ludo, or scrabble, dominoes, we also have a raffle, prizes are brought in by committee or others so as there is a good lot of prizes. All the above and more as this is what they want and have asked for.

We then have our weekly social event on Thursday morning 10am until 12.30 pm, at the Riverside Club, this again has proved very successful, from 8 or 10 Seniors turning up, there is now regularly over 30 seniors, again they love there Sing a Long with Sue every two weeks other weeks we have gentle exercise with Claire, then there could be a quiz, play games, we have had various talks, like Melksham Historical Society, flower arrangement, also we have a raffle, coffee and biscuits, talks on Wiltshire Wildlife, all which has been asked for by our seniors.

Then on the 3rd Monday of the month we have our very successful film show, 1.30 pm until 4pm at the Assembly Hall, the films have all been asked for by our seniors, this month's Film is Mamma Mia, quite an up to date film, this is another way we are getting more seniors from the villages that surround Melksham to help them from loneliness and isolation, last month January we had well over 100 seniors turn up and it was bitter cold wind as well.

Then we have our Outreach Project this is a pilot scheme to go out to the villages and get as many seniors as we can to sign up for an identity Card then come into Melksham town Centre and use the shops and our social events we have signed up for our project Taxis and other businesses, they have promised to give a small percentage discount on any purchase, this has turned out to be so successful, we hoped that if we got 50 seniors signed up we would be happy, we are nearly 300 seniors and more as I'm writing this mail, this comes from our advert in the Melksham News, word of mouth, going to others lunch clubs like Queenway Chapel over 60 signed up there. We are going to go to all the villages in the Melksham without Area, one each month until we can annihilate loneliness and isolation.

We also are going to use the Canberra and mix with the younger generation for our Tea and Talk, the furniture and toilets need updating, this I'm sure will go well once it's up and running. Again we asked our seniors if that's what they would like and yes they think it will work.